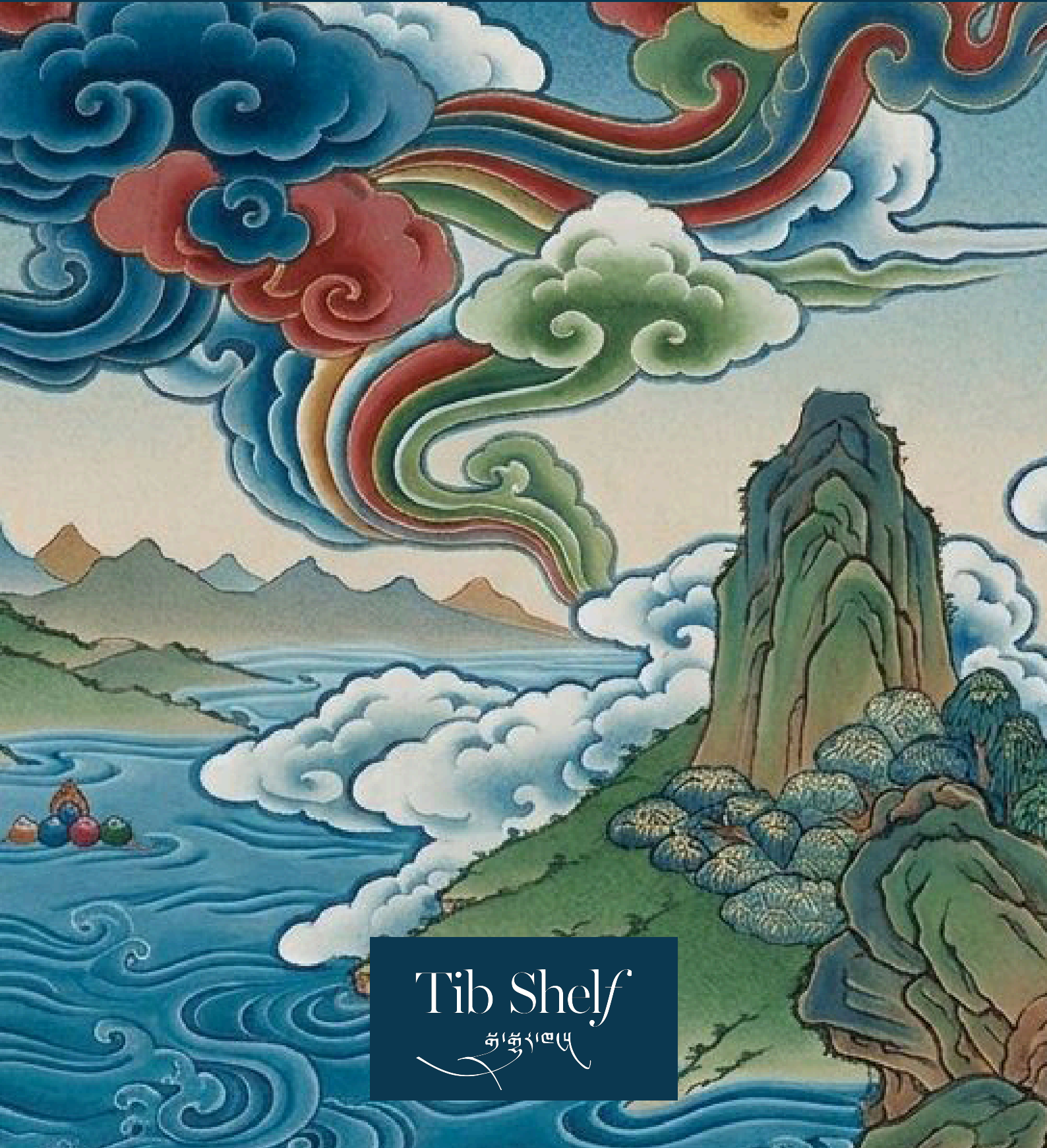


SONG OF REALISATION

The Ocean, Wind & Waves

By Tsangnyön Heruka



Tib Shelf
ཨ་ཁུ་ཤེལ་

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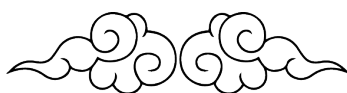
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Ocean, Waves, and Wind:
A Song on the Nature of Mind
By Tsangnyön Heruka

Translated by Tib Shelf
Version 1



OCEAN, WAVES, AND WIND: A SONG ON THE NATURE OF MIND

By Tsangnyön Hekruka

Namo guru!

The ocean of mind is stirred by the wind of grasping at subject and object.

The childish take the waves of appearance as something to reject.

For the wise, the waves are none other than the water itself.

In the ultimate, there is no river and no waves.

When the waves cause harm, abandon the wind.

When they do not harm, they are like a fair wind for a boat.

If one is willing to make use of this wind, it becomes a companion on the path.

When it causes harm, the very wind itself is the means of release.

You Yogi, understand it in this way!

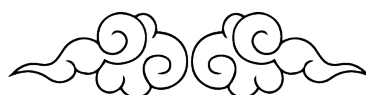
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NOTES

* “Ocean, Waves, and Wind: A Song on the Nature of Mind” is a title supplied by the translators since this “song,” or *doha*, is untitled in the Collected Songs of Tsangnyön Heruka

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Tib Shelf
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